

# Southeastern Jr/Sr High School Menus

## JANUARY

*Sat*

		Bread & Milk served with each meal * * * * * Menus subject to change				1
2	<b>3 No School Teacher's Institute</b>	4 Cereal, Toast, PB & J, Juice, Milk  Beef Stew & Biscuits Pineapple	5 Breakfast Pizza, Juice, Milk  Grilled Chicken On Bun Green Beans Applesauce	6 Pancakes, Syrup, Sausage Links, Juice, Milk  Nacho Supreme Corn Peaches	7 Cereal, Toast, PB & J, Juice, Milk  Cheese or Pepperoni Pizza Lettuce Tropical Fruit	8
9	10 Breakfast Bites, Syrup, Juice, Milk  Chicken Pretzels Peas Salad Bar Pears	11 Cereal, Toast, PB & J, Juice, Milk  Steamburger on Bun Mixed Veggies Salad Bar Fruit Cocktail	12 Omlet, Toast, PB & J, Juice, Milk  Chili or Vegetable Soup Carrot Sticks Salad Bar Mandarin Oranges	13 Waffles, Syrup, Sausage Pattie, Juice, Milk  Chicken Bites Green Beans Salad Bar Peach Crisp	14 Cereal, Toast, PB & J, Juice, Milk  Ham Slice Augratin Potatoes Salad Bar Pineapple	15
16	<b>17 No School Martin Luther King, Jr. Day</b>	18 Cereal, Toast, PB & J, Juice, Milk  Breaded Chicken Pattie on Bun Baked Beans Salad Bar Peaches	19 Brealfast Taco, Juice, Milk  Stuffed Crust Pizza Lettuce Salad Bar Tropical Fruit	20 Sausage Gravy and Biscuit, Jelly, Juice, Milk  Chicken Drummys Buttered Potatoes Salad Bar Applesauce	21 Cereal, Toast, PB & J, Juice, Milk  Taco Bar Lettuce Salad Bar Mandarin Oranges	22
23	24 French Toast, Syrup, Ham Slice, Juice, Milk  Chicken Fries Green Bean Casserole Salad Bar Pineapple	25 Cereal, Toast, PB & J, Juice, Milk  Chicken & Noodles Mashed Potatoes Salad Bar Fruit Cocktail	26 Flapsticks, Syrup, Juice, Milk  Chili Boat Slaw Salad Bar Applesauce	27 Egg Pattie, Sausage Pattie, English Muffin, PB&J, Juice, Milk  BBQ Rib on Bun Corn Salad Bar Peaches	28 Cereal, Toast, PB & J, Juice, Milk  Spaghetti w/Meat or Marinara Sauce Lettuce Salad Bar Tropical Fruit	29
30	31 Combo Bar, Toast, PB & J, Juice, Milk  Sausage Gravy & Biscuits Peas Salad Bar Pears					

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